LE SAVOY Méribel

Our Wellness offer



WELCOME TO THE SPA OF THE HOTEL LE SAVOY

An intimate and cosy space entirely dedicated to your well-being.

Loïc, our qualified physiotherapist and massage therapist, offers a range of massages every day, tailored to your wishes and needs.
Thanks to his expertise, attentive approach and intuitive touch, he combines the benefits of massage with relaxation and well-being, while taking into account your body's specific needs. Each treatment is a personalised experience, designed to offer you a truly relaxing and rejuvenating moment.

Our Spa area is open to all hotel guests and includes a sauna and a steam room, to ensure revitalization and relaxation.

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OUR OFFER

Sports /Relaxation massage (30'/60'/90')
Recovery (after a day of skiing avoids aches and pains).
Therapeutic or relaxing.

Manual lymphatic drainage (30')
Helps stimulate the lymphatic system, thus promoting the elimination of water in the tissues.

Californian massage (60',90')
Long flowing and harmonius movements that scuplt and envelop the body from head to toe. Very relaxing.

Indian massage (60',90')
It is practiced with hot sesame oil. Massage toning and deep on a varied rhythm.

Thaï massage (60')
Dress on the floor in loose clothes. Pressure of energy lines and movement of stretches.

Chinese massage (60',90')
Deep massage with essential oils alternating pressure on acupuncture points.

Thaï plantar reflexology (30')
Foot reflex zone massage causes a regular action of the corresponding body organ.

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RATES

30 minutes =€ 70
60 minutes =€ 130
90 minutes =€ 180

Benefit from a discounted rate “Matin Détente”
for any appointment before 1.00 pm.
60 minutes = € 105
90 minutes =€ 145

INFORMATIONS

SAUNA/STEAM ROOM (reserved to our hotel guests)
from 10.00 am to 8.00 pm

MASSAGES
from 8.00 am to 10.00 pm

bookings by phone +33 4 79 55 55 50
or by email contact@hotel-savoy-meribel.com

CANCELLATION

You will be charged for the full treatment in case of a no-show.

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